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International accreditation scheme "brings IO into the mainstream"

The newly established International Accreditation System for Interventional Oncology Services (IASIOS) gives medical facilities the opportunity to receive credentials for their interventional oncology (IO) service line. Developed by the Cardiovascular and Interventional Radiological Society of Europe (CIRSE), IASIOS focuses on the entire patient pathway, and as such has been heralded as a way of recognising that interventional oncologists are "clinicians, not just technicians". Andreas 'Andy' Adam (Guy's and St Thomas' NHS Foundation Trust, London, UK) tells Interventional News that the project "will help establish IO as a mainstream clinical discipline, so is very important to IO as a whole".



Afshin Gangi discusses IASIOS at the Asia Pacific Congress of Interventional Oncology (APCIO; 2-5 October, Kuala Lumpur, Malaysia)

ASIOS is built on the standards outlined in the Standards of quality assurance in interventional oncology document, published in 2018 by CIRSE's oncology alliance subcommittee, which is chaired by Adam. The idea of a global quality assurance scheme for IO goes back even further, to 2012, when radiation oncologist Lizbeth 'Liz' Kenny (Royal Brisbane and Women's Hospital, Brisbane, Australia) delivered a talk at CIRSE's annual congress on the interventional oncologist's place in a multidisciplinary cancer care team

Kenny emphasised the importance of recognising interventional oncologists as "clinicians, not just technicians". She recalls: "I thought I was being very provocative, but CIRSE was very supportive. Since then [2012], I have been involved with the oncology alliance subcommittee, and have pushed the importance of standards of practice. In the world of radiation oncology, the stakes are very high, so quality assurance is built into every single step of all we do. I could see that with IO, we either needed to bring it into the mainstream, or it would disappear. IASIOS brings IO into the mainstream-by having a really serious quality assurance and standards programme underpinning the discipline, IO is in a great place to offer high benefit care to patients, and to fully integrate interventional oncologists into the multidisciplinary cancer care team."

Establishing quality assurance standards in interventional oncology

In 2015, the CIRSE oncology alliance subcommittee-Adam, Kenny, Afshin Gangi (University Hospital Strasbourg, Strasbourg, France), Thierry de Baère (Institut Gustave Roussy, Villejuif, France), José Ignacio Bilbao (Clinica Universidad de Navarra, Pamplona, Spain), Thomas Helmberger (Klinikum Bogenhausen, Munich, Germany), Riccardo Lencioni (Pisa University School of Medicine, Pisa, Italy), and Philippe Pereira (Minimally Invasive Therapies and Nuclear Medicine Heilbronn, Heilbronn, Germany)worked with interventional oncologist Shahzad Ilyas and former chief medical physicist Keith Ison (both Guy's and St Thomas' Hospital, London, UK) to adapt the Standards for Radiation Oncology developed and published by the Royal Australian and New Zealand College of Radiologists (RANZCR), the Australian Institute of Radiography, and the Australasian College of Physicists, Scientists and Engineers in Medicine. The group had to make these standards fit for purpose in the IO environment.

"This was a monumental effort," Kenny describes. The standards went through 30 iterations over three years prior to publication. "The real complexity was to make the standards simple, understandable, and truly

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Rahil Kassamali 2020 vision





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"Huge disparity" between embolization and uterine surgery numbers worldwide

On average in France, 2,000 uterine artery embolizations (UAEs) are performed each year. In contrast, 40,000 patients have hysterectomies annually. This has led French interventional radiologists to protest the high number of "unnecessary" surgeries, and spurred the development of a nation-wide public awareness campaign (see page 6 for full story). However, this is not just a French issue.

JAMES SPIES (Georgetown University Hospital, Washington, DC, USA) reports that, "despite some progress in reducing the number of hysterectomies for benign conditions such as fibroids, with about a 10% reduction in the past decade, there are still eight to 10 times the number of hysterectomies as UAEs for fibroids in the USA.'

A 2017 report by the Society of Interventional Radiology (SIR), The Fibroid Fix: What women need to know, provided insights into the lack of awareness. SIR commissioned a Harris Poll in June 2017 that surveyed 1,176 US women ages 18 and over. The poll found 62% of respondents had never heard of UAE and that 20% believed hysterectomy was the only treatment option for fibroids. Even those who were diagnosed with fibroids reported a lack of awareness, with 44% saying they had not heard of UAE. Of those who had, 75% said they did not learn about it from a gynaecologist.

'Our numbers for UAE are ridiculous," José Urbano (Ramon y Cajal University Hospital, Madrid, Spain) says of Spain. According to the Spanish Society of Vascular and Interventional Radiology (SERVEI), 120-150 UAEs are performed each year in the country, which has a population of 44 million.

These experiences are echoed in Central America. Speaking at SIR's annual meeting in 2019 (23–28 March, Austin, USA), the only interventional radiologist in El Salvador, Ethel Rivas Zuleta (Universidad Dr José Matías Delgado, San Salvador, El Salvador), told delegates: "We face the same Continued on page 4

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relevant to patients and care providers. This is not a tick box exercise. The standards describe what great care looks like, which then facilitates discussion between interventional oncologists and hospital management over necessary infrastructure, equipment, and patient pathways.'

Following the structure of the Australian and New Zealand Standards for Radiation Oncology, CIRSE's Standards of Quality Assurance in Interventional Oncology document is split into three sections. These are: staff and facilities, treatment planning and delivery, and safety and quality. The IASIOS accreditation system is based on these standards. Between the three sections, there is a total of 52 criteria, 27 of which are "core". After paying the enrolment fee, an institution can achieve accreditation if it meets all 27 core criteria. The IASIOS process is interactive: once an IO facility has applied for accreditation, a dialogue begins between it and the IASIOS team in the CIRSE office, which offers advice and guidance on how to improve the service, and is independent from the oncology alliance subcommittee. This conversation continues until accreditation is achieved. In exceptional cases, an institution may be awarded a "centre of excellence" accreditation if it fulfils the remaining 25 criteria.

Guy's and St Thomas' NHS Foundation Trust, London, UK, is the first in the world to be accredited through IASIOS. The centre gained accredited status in September 2019.

IASIOS is currently in a pilot phase, with eight centres across Europe, Asia, and Australasia enrolled in the programme to date. Two US centres are poised for potential future participation. CIRSE is working in collaboration with the Society of Interventional Oncology (SIO) to create a version of the IO standards appropriate to the pattern of practice in the USA.

While in this pilot phase of the programme, the IASIOS committee at CIRSE, chaired by Jean Palussière (l'Institut de cancérologie Bergonié, Bordeaux, France), is listening to feedback on the scheme from the enrolled institutions, and making any necessary modifications. Maria Weren, head of the department for certification and accreditation at CIRSE, expands: "I do not expect there to be too many changes at this stage. What I do foresee is some fine-tuning of our assessment process, and possibly to our application forms-so largely modifications to technical details. Any obstacles centres are repeatedly running into our expert group will of course also review." The official, global launch of IASIOS is planned for early 2021.

Building a global IO network

Kenny is enthusiastic about the potential of the IASIOS scheme to build an international network of interventional oncologists. She tells this newspaper: "In due course, we anticipate building a network of centres that have achieved



accreditation. I see this as ultimately an interconnected system of institutions offering support, encouragement, and advice for the betterment of all. IASIOS will uplift the whole of IO."

There is no precedent for this type of international interconnectivity, Kenny explains: "There is no other movement that does what IASIOS does. The standards define the infrastructure, staffing, and safety requirements to bring IO into mainstream cancer care. If IO is to survive and flourish, it cannot just be a technical specialty under the direction of surgeons or medical and radiation oncologists. Interventional oncologists need to be considered a genuine partner in cancer care, and that is what IASIOS does.'

In Weren's eyes, too, the IASIOS programme will bring increased recognition to the discipline, through giving interventional oncologists greater control of the entire patient pathway and a louder voice at interdisciplinary meetings. "IASIOS benefits not just patients, but also interventional oncologists," she opines.

"It is an initiative by interventional oncologists, for interventional oncologists, because the standards look at the whole patient pathway. The standards

IASIOS brings interventional oncology into the mainstream – by having a really serious quality assurance and standards programme underpinning the discipline."

will introduce systemic preprocedural assessment and patient follow-up by interventional oncologists, which I anticipate will provide greater visibility to IO. Interventional oncologists are ready to assume the role and responsibilities of a specialty, but they need to have a voice and they need to have a fixed place in the multidisciplinary cancer care team. This will enrich the discussion and widen the perspective for the patient."

News in brief

The latest stories from the interventional world

INTERDISCIPLINARY **CLTI CARE**

The 32nd International Symposium on Endovascular Therapy (ISET; 22-25 January, Hollywood, USA) had a particular focus on treating critical limb-threatening ischaemia (CLTI). In the



session "Improving outcomes and prognosis for CLI", conference attendees learnt about the global scale of the disease, the importance of adequate wound care post-treatment, and the possibility of revascularisation in the outpatient environment. The session was co-developed and sponsored by the CLI Global Society, a patient advocacy organisation that aims to improve patients' quality of life by preventing amputations and death due to the condition.

For more on this story go to page 8

RADIOEMBOLIZATION ACHIEVES SIGNIFICANT TUMOUR REDUCTION

The first prospective study on the combination of peptide receptor radionuclide therapy with 177Lu-DOTATATE and ¹⁶⁶Ho radioembolization, published in Lancet Oncology, has shown that significant tumour reduction can be achieved in patients with bulky liver disease, a significant advancement considering the liver is the most commonly affected organ in metastatic disease and is the most incriminating factor for patient survival.

For more on this story go to page 15

COALITION OF CTACE AND IMMUNOTHERAPY

Preliminary evidence suggests that combining conventional transarterial chemoembolization (cTACE) with immunotherapy could be beneficial to patients with unresectable liver cancer, writes Rafael Duran. He highlights the role of Vectorio (Guerbet) in standardising the cTACE technique, which he says "is needed for better reproducibility", and explains how immunotherapy could be given systematically, through locoregional delivery within the Lipiodolbased emulsion, or injected intratumourally.

For more on this story go to page 25

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